

Down At The Twist And Shout

Choreographed by: DJ Dan & Wynette Miller

Level: beginner/intermediate linedance

Music: Down At The Twist And Shout

Counts: 64

Artist: Mary Chapin Carpenter

Walls: 2

KICK, TOGETHER, KICK, TOGETHER, SWIVEL TO LEFT

1-2 Kick right forward, step right next to left

3-4 Kick left forward, step left next to right

5-6 Swivel heels to left, swivel toes to left

7-8 Swivel heels to left, swivel toes to center

KICK, TOGETHER, KICK, TOGETHER, SWIVEL TO RIGHT

9-10 Kick left forward, step left next to right

11-12 Kick right forward, step right next to left

13-14 Swivel heels to right, swivel toes to right

15-16 Swivel heels to right, swivel toes to center

HEEL SPLIT, TOE SPLIT, RIGHT ROCK STEP, STOMP, HOLD

17-18 Swivel heels out, swivel heels in

19-20 Swivel toes out and lift toes up, swivel toes in and drop

21-22 Rock right forward, recover weight on left

23-24 Stomp right next to left, hold

HEEL SPLIT, TOE SPLIT, LEFT ROCK STEP, STOMP, HOLD

25-26 Swivel heels out, swivel heels in

27-28 Swivel toes out and lift toes up, swivel toes in and drop

29-30 Rock left forward, recover weight on right

31-32 Stomp left next to right, hold

ROCKING CHAIR, STEP, HITCH ¼ TURN LEFT, STEP, HITCH ¼ TURN LEFT

33-34 Rock right forward, recover weight on left

35-36 Rock right back, recover weight on left

37-38 Step right forward, make on ball of right ¼ turn left and hitch left

39-40 Step left forward, make on ball of left ¼ turn left and hitch right

VINE RIGHT, SCUFF, VINE LEFT, SCUFF

41-42 Step right to side, cross left behind right

43-44 Step right to side, scuff left forward

45-46 Step left to side, cross right behind left

47-48 Step left to side, scuff right forward

CROSS ROCK, SIDE, HOLD, TWICE

49-50 Rock right across left, recover weight on left

51-52 Step right to side, hold

53-54 Rock left across right, recover weight on right

55-56 Step left to side, hold

ROCKS, HOLD, TWICE

57-58 Rock right forward, rock left back

59-60 Rock right forward, hold

61-62 Rock left forward, rock right back

63-64 Rock left forward, hold

REPEAT